



going to hard places
with aid, compassion and hope

Friday, May 1st 2026

PCCR GTI

(General Team Information)

- Jamaica -

Dear Team Member,

Thank you so much for your willingness to serve! We want your time in Jamaica to be a wonderful experience for you. We want you to encounter God in ways you never have before, and to use your talents and gifts to pour into others and bring the Kingdom of Heaven to earth.

We've put together some information for you in an effort to help prepare and pack for your trip. Please read this GTI carefully and get in touch with us if you have additional questions.

The work you'll be doing: One of the main things to remember is flexibility. Life can change constantly in these areas, and following where the Father leads is our first priority. The work will center around providing assistance to the people of Jamaica following Hurricane Melisa last October. This may include cleanup and various aspects of roofing and construction. As a member of our team, you will be expected to help with daily base operations such as washing dishes, sweeping floors, cooking meals etc. Seek to learn from the long-term staff and the locals and look for ways to lighten the load and encourage your team and others around you. Be respectful of what your leaders ask of you.

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Tentative Daily Schedule: Evening debriefs as needed. The schedule is regularly posted on the Signal Ops chat and is subject to change with the needs on the field.

Other expenses: We recommend that you bring \$100-\$300 cash along for small personal expenses. This is not mandatory but recommended, if you think you'll be making purchases for food (above and beyond what's provided) during your travel, or maybe for souvenirs, etc. Most stores do accept credit cards, and ATMs are available!

Weather:

1. Temperature:

The area becomes hotter heading into early summer. Daytime temperatures generally range from **86–91°F**, with warm nights along the coast around **77–81°F**. The inland hills south of you remain slightly cooler, especially at night, often **3–7°F** lower than the coast. Overall, this period feels noticeably hotter and more intense than earlier in the year.

2. Rainfall:

Mid-May through June marks the start of the main **rainy season**. Expect a mix of sunshine and **more frequent showers**, often in the afternoons or evenings, sometimes heavy but usually short-lived. The hills south of you receive heavier and more consistent rainfall than the coast.

3. Humidity:

Humidity becomes **high** and more noticeable during this period. Conditions can feel muggy, especially before rainfall. Coastal breezes help slightly, while inland areas may feel heavier and **more humid**, particularly in the mornings and before storms.

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Clothing:

- Lightweight and Breathable Clothing: Stick to light, breathable fabrics like cotton or linen to handle the increased heat and humidity.
- Sun Protection: Strong sun – use hats, sunglasses, sunscreen, or lightweight long-sleeve layers.
- Comfortable Footwear: Bring comfortable walking shoes as well as flip-flops or sandals; expect occasional wet or muddy ground inland.
- Swimwear is recommended for weekends

How to dress: In order to represent the organization well and be professional, we ask volunteers to dress accordingly. No shorts, muscle shirts, sleeveless shirts, etc., while on the jobsite.

Medical / Travel Insurance: If you are approved to serve with PCCR, you will need to sign a medical release form stating that PCCR is not responsible for medical incidents on the field. Because of that, we recommend getting insurance to cover your time on the field.

Here are a few suggestions:

- www.faithventures.com is good for short-term and long-term insurance.
- www.gninsurance.com are good for long-term
- If you are with a medical sharing program in the US, check with them because they might also provide coverage.

Chargers, Adapters & Travel Kits: In Jamaica, the power outlets typically used are **Type A** and **Type B**, and they run on **110V**.

Type A has two flat parallel pins, while **Type B** has the same two flat pins plus a round grounding pin. It's wise to carry a **universal adapter** to ensure compatibility with all your devices.

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Recommended items to bring along:

- A good backpack is recommended as your main luggage
- Workwear for daily use
- Workboots
- Towel
- Powerbank
- Mosquito repellent
- Flashlight/Headlamp
- Electrolytes
- Water Bottle
- High-energy snacks such as protein bars are recommended
- Swimwear for weekends
- Sandals/slides
- Sunscreen
- Mosquito net
- Work gloves
- Sheet/Light-Blanket
- PCCR ID (if taking along a check-in of tools/supplies)

Personal hygiene products, clothes, and most other items can also be purchased in the country!

Phone Service & Communication: You can check with your American service provider to see if they provide coverage in Jamaica. Some have a global plan, but it is often expensive. WiFi through Starlink will be provided at your base, and where possible in every vehicle.

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Laundry: Ideal laundry facilities are never guaranteed, as you may be residing in a house or church for part of your time. Currently, our main base has a washing machine at hand.

Arrival Information: When you arrive at your destination airport, you will need to go through immigration, get your luggage, and take the next steps specified for you or your group by previous communication. If needed, you can contact the current Project Director (JJ) through WhatsApp +38 (068) 309-9584 or our Operations Director (Mervin) through WhatsApp +1 (304) 620-6160

Visa Procedures: Upon arriving in Jamaica, your passport will be stamped, and you will be granted a 90-day pass into the country. Along with your passport, please bring your driver's license or photo ID.

Plain Compassion Order of Authority:

If, while serving with Plain Compassion Crisis Response, you feel that your needs are not being met by the current leadership, you feel unsafe (spiritually or physically), or you feel like our witness is being damaged by what is taking place, please do not hesitate to talk to your leadership/field director about it. If you feel unsure or don't believe the concerns are being heard, call the CEO (Merv King) immediately on Signal at +1 717-283-6578. Please follow this order of authority.

Thanks again for serving the Lord in this way. We're grateful to have you be a part of a PCCR team. Please let us know if there is anything else that would be helpful.

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